

# Waste-free Lunches

Pack a lunch that leaves no waste!

A waste-free lunch will make it easy to reduce our waste. There would be a lot less garbage going to landfills if every student, teacher and parent packed a waste-free lunch. Imagine the positive impact we can have on the environment by reducing our waste!

 Use these items to pack a waste-free lunch:



Reusable lunch bag



Reusable containers



Reusable water or juice bottle



Reusable cutlery



Cloth napkin

Everything in a waste-free lunch can be **EATEN, REUSED, RECYCLED OR COMPOSTED!**

**REMEMBER:** Buy food and snacks in bulk! This helps to reduce waste at home and at school. Avoid buying food in single-serve packaging. Not only does it create more garbage, it often is more expensive.

The following items go in the garbage:



Bags and wrappers (chip bags, granola bar wrappers, yogurt tubes, etc.)



Plastic baggies



Drinking pouches



Municipality of  
**Dysart et al**

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