

Dysart et al Swimming Lessons

The Municipality of Dysart et al is pleased to announce that Pablo Bonilla will be our swimming instructor for the summer! Pablo and his wife, Holly, are the owners of SUP North and offer programs throughout the county. Pablo is a Red Cross Certified Swim Instructor and an Ocean Certified Red Cross Lifeguard. Pablo will teach to the standards set out by the Canadian Red Cross. He will provide participants with a report card and badges/stickers at the end of each session.

The lessons listed to the right are to provide you with an idea of what is available. **Please note that the schedule may change based on demand.** Classes may be added or removed depending on numbers. If there is a class you would like to sign up for that is not listed on the schedule, contact: Andrea Mueller at (705) 457-1740 x. 635 or amueller@dysartet.al.ca

The maximum class size is 5 students per class. The semi-private lessons will consist of 2 students per class. The family swim can be a combination of children and adults or a group of children from one family.

Inclement Weather: Safety is our utmost priority. Whenever we hear thunder or see lightning we have to leave the water immediately and go to a safe place for 30 minutes (usually resulting in the cancellation of the lesson). At every subsequent thunder or lightning the 30 minute period starts over again.

Lessons will proceed in the rain, unless the above conditions are noted.

Session 1: July 2 – July 13 (Monday – Friday) EAGLE LAKE BEACH

1:00 – 1:30	3-5 year olds
1:30 – 2:00	6-8 year olds
2:00 – 3:00	Family swim or 12 -15 year olds
3:00 – 3:15	Break
3:15 – 4:00	9 - 11 yr. olds
4:00 – 4:30	Parents and Toddlers up to 3 years
4:30 – 5:00	6-8 year olds
5:00 – 6:00	Teen/Adult fitness swim

Session 2: July 16 – July 27 (Monday – Friday) PINE LAKE, WEST GUILFORD

12:00 – 12:30	Parents and Toddlers up to 3 years
12:30 – 1:00	3-5 year olds
1:00 – 1:30	6-8 year olds
1:30 – 2:00	Semi-private lessons
2:00 – 3:00	9 – 11 year olds
3:00 – 4:00	12 - 15 year olds

Session 3: July 30 – Aug. 10 (Monday – Friday) EAGLE LAKE BEACH

1:00 – 2:00	Teen/Adult Fitness swim
2:00 – 3:00	12 – 15 year olds
3:00 – 3:15	Break
3:15 – 4:00	Family swim
4:00 – 4:30	3-5 year olds
4:30 – 5:00	6 - 8 year olds
5:00 – 6:00	9-11 year olds

