## The Municipality of Dysart et al ACKNOWLEDGEMENT AND RELEASE FORM Highlands Track & Field

WARNING: THIS AGREEMENT WILL AFFECT YOUR LEGAL RIGHTS, READ IT CAREFULLY!

The Parent/Guardian Must Read and Understand this Waiver Prior to the Minor Participating in Athletic Activities.

The following waiver of all claims, release from all liability, assumption of all risks and other terms of this agreement are entered into by me on behalf of the Minor Participant (the "Minor") with and for the benefit of the Organization (Highlands Track and Field Club and The Municipality of Dysart et al) its volunteer coaches and site property owners.

- 1. I am the Parent/Guardian of the Minor and I am executing this waiver on behalf of the Minor in my capacity as Parent/Guardian and with the intent that this waiver be binding on myself and the Minor for all legal purposes.
- 2. "Athletic Activities" includes but is not limited to fitness activities such as running, jumping, hurdling, and throwing.
- 3. I am aware that there are inherent and significant risks ("Risks") associated with participation in Athletic Activities. I am aware that those Risks include but are not limited to the potential for death, serious personal injury, broken bones, muscle sprains, shin splints caused by any event or condition of the facility or equipment where Athletic Activities are provided. I understand the Risks are relative to the Minor's state of fitness and health (physical, mental, emotional), and to the awareness, care, and skill with which the Minor is physically fit and has not been advised to not participate by a qualified medical professional. I certify that there are no health-related reasons or problems which preclude the Minor's participation in this activity.
- 4. I freely accept and fully assume all responsibility for all Risks and possibilities of personal injury, death, property damage or loss resulting from the Minor's participation in Athletic Activities. I agree that although the Organization and the Municipality of Dysart et al have taken steps to reduce the Risks and increase safety of the Athletic Activities, it is not possible for the Organization is found to be negligent or in breach of any duty of care, or from dangerous equipment or property owned, maintained, or controlled by them, or because of their possible liability without fault or any obligation to me or the Minor in the Minor's participation in Athletic Activities.

I,	
I further hereby undertake to hold and save harmless and agree to indemnify all of the aforesaid from and against any and all liability incurred by any or all of them arising as a result or, or in any way connected with my participation in said event.	
By submitting this entry, I acknowledge having read, understood and agreed to the above waiver, release, and indemnity. I warrant that I or the participant are physically fit to participate in this program.	
Please note participants are required to supply their own equipment, unless otherwise stated.	
Participant Name:	Date:
Signature of Parent/Guardian:	Date:
Parent/Guardian Name (please print):	